



AUSTRALIAN TRACK AND FIELD COACHES ASSOCIATION

VICTORIAN BRANCH

Coaching Young Athletes Workshop

Workshop is aimed at coaching athletes between 10 and 25.
Coaches and athletes are both welcome to attend.

Friday 14th October @ 7pm

Please arrive by 6.45am for a prompt start.
Supper will be served after workshop from 8.45 pm.

Hagenauer's Reserve, Box Hill

Barwon St, Box Hill. Melways Map 47, C7

Presented by **Steve Cain**

- IAAF Level III Coach
- National Junior Coach for Combined Events
- Member of the Athletics Australian Track and Field Advisory Committee
- Member of the Athletes Commission
- Finished 5th for Australia in the Commonwealth Games in Glasgow 2014
- Lecturer and Tutor for Applied Sports Science at Deakin University
- Board Member of the Rotary Youth Leadership Award

Cost:

- \$15 for ATFCA members
- \$18 for AV /LAVic members
- \$25 for all others

Fees include a DVD of the workshop

Contact: Heather Lamb 0425 793 331

heatherlamb@optusnet.com.au

RSVP by 10th October