



AUSTRALIAN TRACK AND FIELD COACHES ASSOCIATION

VICTORIAN BRANCH

Horizontal Jumps Workshop

Workshop is aimed at coaching athletes between 12 and 25.

Coaches and athletes are both welcome to attend.

Sunday 26th June 2015 @10am

Please arrive by 9.45am for a prompt start.

Coffee and Tea will be served after workshop from 11.45 pm.

Seymour Little Athletics Centre – Kings Park

Tallarook St, Seymour

Presented by John Crane

- Level 5 coach.
- Held a number of coaching and coach education roles with The Victorian Amateur Athletics Association, Athletics Victoria and The Australian Track and Field Coaches Association.
- As an athlete was a National Open Finalist.
- Coach Primary School Jump groups at schools.
- Coached to international junior level; and a number of his athletes have been successful at State and National level in both seniors and juniors.

Cost:

- \$15 for ATFCA members
- \$18 for AV /LAVic members
- \$25 for all others

Fees include a DVD of the workshop.

Contact: Heather Lamb 0425 793 331

heatherlamb@optusnet.com.au

RSVP by 22st June

Limited numbers – book a spot now