



**AUSTRALIAN TRACK AND FIELD COACHES ASSOCIATION**  
**VICTORIAN BRANCH**

## **Hurdles Workshop**

Workshop is aimed at coaching athletes above 12.  
Coaches and athletes are both welcome to attend

**Saturday 28<sup>th</sup> May @10 am**

Please arrive by 9.45pm for a prompt start  
Coffee and Tea will be served after the 1½ hour workshop

### **Sandringham Athletic Track**

Glamis Ave, Hampton VIC 3188

Presented by **Roy Boyd (OAM)**

- Australia's most influential hurdles expert
- Level 5 Coach
- Coached 6 Olympians including Kyle VanderKuyp and Rohan Robinson
- Coached World Juniors - Peter Bate [ Bronze Medal] and Sarah Dosen.
- Technique coach to Debbie Flintoff-King and Jana Pitman
- Coached for more than 50 years

**Cost:**

- \$15 for ATFCA members
- \$18 for AV /LAVic members
- \$25 for all others

Fees include a DVD of the workshop.

Please note: Athletes will now be charged at the same rate as their coach

**Contact:** Heather Lamb      0425 793 331  
[heatherlamb@optusnet.com.au](mailto:heatherlamb@optusnet.com.au)

RSVP by 24<sup>th</sup> May

**Limited numbers – book a spot now**