



AUSTRALIAN TRACK AND FIELD COACHES ASSOCIATION

VICTORIAN BRANCH

Horizontal Jumps Workshop

Workshop is aimed at coaching athletes between 10 and 25.
Coaches and athletes are both welcome to attend.

Sunday 21st June 2015 @11am

Please arrive by 10.45am for a prompt start.
Coffee and Tea will be served after workshop from 12.15am.

John Landy Athletic Field

Barwon Terrace / Swanston St, South Geelong

Presented by John Crane

- Level 5 coach.
- Held a number of coaching and coach education roles with The Victorian Amateur Athletics Association, Athletics Victoria and The Australian Track and Field Coaches Association.
- As an athlete was a National Open Finalist.
- Coach Primary School Jump groups at schools.
- Coached to international junior level; and a number of his athletes have been successful at State and National level in both seniors and juniors.

Cost:

- \$12 for ATFCA members
- \$16 for AV /LAVic members
- \$25 for all others

Fees include a DVD of the workshop.

Contact: Heather Lamb 0425 793 331
heatherlamb@optusnet.com.au

RSVP by 16th June

Limited numbers – book a spot now