



Maureen Reynolds

Location	Greensborough, Essendon <i>[by appointment please]</i>			Contact or via Coach Edn Coord	academycoach@optusnet.com.au	
Event Group	Sprints, Hurdles, Relays	Middle and Long Distance	Race Walks	Jumps	Throws	Combined Events / Triathlon
Specialisation or All	Hurdles, Sprints					
Age Groups IAAF – age at 31 December Athlete’s Level of Competence	Little Aths ~ 7-15yo	Teens ~ 13-15yo	Youth ~ 16-17yo	Junior ~ 18-19yo	Senior ~ 20+	Masters ~ 35+
		√	√	√		
Allied Competencies / Specialisation						
Athlete Performance - Analysis / Assessment / Guidance						
Session Planning / Training Program Development	Session Planning to Long-Term Preparation					
Other						