



## David Stones

<b>Location</b>	Kooyong Track			Contact or via Coach Edn Coord	(M) 0402 311 094 dstones9@yahoo.com.au	
<b>Event Group</b>	Sprints, Hurdles, Relays	Middle and Long Distance	Race Walks	Jumps	Throws	Combined Events / Triathlon
<b>Specialisation</b> or All	Sprints	Middle and Long Distance				
<b>Age Groups</b> IAAF – age at 31 December Athlete’s Level of Competence	Little Aths ~ 7-15yo	Teens ~ 13-15yo	Youth ~ 16-17yo	Junior ~ 18-19yo	Senior ~ 20+	Masters ~ 35+
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<b>Allied Competencies / Specialisation</b>	Club and State levels					
<b>Athlete Performance - Analysis / Assessment / Guidance</b>						
<b>Session Planning / Training Program Development</b>	Session Planning to Long-Term Preparation					
<b>Other</b>						