



Dr Cheyne Sherman

Location	Glen Huntley Track			Contact or via Coach Edn Coord	(M) 0402 126 914 cheyne_sherman@hotmail.com	
Event Group	Sprints, Hurdles, Relays	Middle and Long Distance	Race Walks	Jumps	Throws	Combined Events / Triathlon
Specialisation or All	All	All plus Cross- Country				
Age Groups IAAF – age at 31 December Athlete’s Level of Competence	Little Aths ~ 7-15yo	Teens ~ 13-15yo	Youth ~ 16-17yo	Junior ~ 18-19yo	Senior ~ 20+	Masters ~ 35+
	11+	√	√	√	√	
Allied Competencies / Specialisation	Life Saving Victoria 2k distance event Some sport psychology					
Athlete Performance - Analysis / Assessment / Guidance	Elite					
Session Planning / Training Program Development	Session Planning to Long-Term Preparation					
Other	Tuesday and Thursday 5-6:30pm Some Sundays earlier					