



Brad Carter

Location	Essendon, Aberfeldie			Contact or via Coach Edn Coord	(M) 0439 575 017 bcarter@ivanhoegirls.vic.edu.au	
Event Group	Sprints, Hurdles, Relays	Middle and Long Distance	Race Walks	Jumps	Throws	Combined Events / Triathlon
Specialisation or All	Sprints					
Age Groups IAAF – age at 31 December Athlete’s Level of Competence	Little Aths ~ 7-15yo	Teens ~ 13-15yo	Youth ~ 16-17yo	Junior ~ 18-19yo	Senior ~ 20+	Masters ~ 35+
		√	√	√	√	
Allied Competencies / Specialisation	Jumps					
Athlete Performance - Analysis / Assessment / Guidance	Beginner and elite					
Session Planning / Training Program Development	Session Planning to Long-Term Preparation					
Other						