



## Wayne Dyball

<b>Location</b>	Mentone Track & Field Centre, SE Suburbs			<b>Contact</b> or via Coach Edn Coord	dyballw@bigpond.net.au	
<b>Event Group</b>	Sprints, Hurdles, Relays	Middle and Long Distance	Race Walks	Jumps	Throws	Combined Events / Triathlon
<b>Specialisation</b> or All	Sprints, Hurdles	Cross Country		All	All	Multi-Events
<b>Age Groups</b> IAAF – age at 31 December Athlete’s Level of Competence	Little Aths ~ 7-15yo	Teens ~ 13-15yo	Youth ~ 16-17yo	Junior ~ 18-19yo	Senior ~ 20+	Masters ~ 35+
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<b>Allied Competencies / Specialisation</b> Strength and Conditioning, Ultra Distance, Cycling, Swimming, Officiating, Judging, Biomechanics, Physiology, Psychology, Nutrition	Working with the young athlete					
<b>Athlete Performance -</b> Analysis / Assessment / Guidance						
<b>Session Planning / Training Program Development</b>						
<b>Other</b>						